# Allergen Menu

Our dish descriptions may not mention every single ingredient; just ask if you're unsure. Sadly, it is impossible for us to guarantee that our busy kitchen is 100% allergen free. Allergens contained within condiments or optional extras are not included in the allergen information. Please inform one of our restaurant team of your specific allergy or dietary requirements when ordering and feel free to ask if you have any questions. If there are brackets (YES) then this variant is available on request. Gluten is wheat based unless specified. UPDATED JANUARY 2025



Please be sure to inform us of any allergen concerns

#### Starters

							[	Ooes	it con	tain?						ls i	t suitable f	or?
	Menu Item	Celery	Wheat Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide / Sulphites	<u>Vegan</u> ( by <u>request)</u>	Vegetarian (by request)	Gluten Free ( by request)
1	Prawn Crackers		YES	YES		YES									YES			
2	Chicken Satay		YES							YES		YES						
3	Vegetable Spring Rolls		YES											YES			YES	
4	Pork Spare Ribs		YES						YES					YES				
5	Prawn Toast		YES	YES					YES				YES	YES				
6	Sweet Corn Cakes		YES											YES		YES	YES	
7	Mixed Starter for 2		YES	YES	YES				YES	YES		YES	YES	YES				
8	Vegetable Tempura		YES													YES	YES	
9	Thai Fish Cakes		YES	YES	YES	YES												
10	Duck Spring Rolls	YES	YES		YES				YES					YES				
11	Crispy Chilli Squid		YES						YES		·							
12	Somtham					YES						YES		YES		(YES(	(YES)	(YES)
13	Tempura Prawns		YES	YES							·			YES				

### Soup

						Do	es it	conta	nin?						ls i	t suitable 1	for?
	Menu Item	Celery	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Tree Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide / Sulphites	<u>Vegan</u> (by request)	Vegetarian ( by request)	Gluten Free (by request)
14	Tom Yum		YES										YES		(YES)	(YES)	YES

### Rice

						Do	es it	conta	nin?						ls it	t suitable 1	for?
Menu Item	Celery		Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Tree Nuts – Cashew	Peanuts	Sesame	Soybeans	Sulphur Dioxide / Sulphites	<u>Vegan</u> ( by <u>request)</u>	Vegetarian ( by request)	Gluten Free ( by request)
Plain Jasmine															YES	YES	YES
Egg Fried		YES		YES				YES					YES			YES	
Coconut															YES	YES	YES
Sticky															YES	YES	YES

## Curry

г							Do	es it	cont	ain?						ls i	t suitable t	for?
	Menu Item	Celery	Wheat	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Tree Nuts – Cashew	Peanuts	Sesame	Soybeans	Sulphur / Dioxide / Sulphites	Vegan (by request)	Vegetarian ( by request)	Gluten Free (by request)
15	Green		YES	YES												(YES)	(YES)	(YES)
16	Red		YES	YES												(YES)	(YES)	(YES)
17	Massaman		YES	YES							YES					(YES)	(YES)	(YES)
18	Panang		YES	YES												(YES)	(YES)	(YES)

### Stir Fry

							Do	es it	cont	ain?						Is	it suitable	for?
	Menu Item	Celery	Wheat Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Tree Nuts – Cashew	Peanuts	Sesame	Soybeans	Sulphur Dioxide / Sulphites	<u>Vegan</u> ( <u>by</u> request)	Vegetarian (by request)	Gluten Free (by request)
19	Pad Kra Pao		YES						YES					YES		(YES)	(YES)	(YES)
20	Cashew		YES						YES		YES			YES		(YES)	(YES)	(YES)
21	Ginger		YES						YES					YES		(YES)	(YES)	(YES)
22	Sweet & Sour	YES	YES						YES					YES		(YES)	(YES)	(YES)
23	Pork Siam		YES						YES					YES				(YES)
24	Thai Fried Rice		YES		YES				YES					YES		(YES)	(YES)	(YES)
											·	·						

### Seafood

							Do	oes it	cont	ain?						Is	it suitable	for?
	Menu Item	Celery	Wheat	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Tree Nuts – Cashew	Peanuts	Sesame	Soybeans	Sulphur Dioxide / Sulphites	Vegan (by request)	Vegetarian (by request)	Gluten Free (by request)
25	Crispy Sea Bass with Thai Herbs		YES	YES		YES					YES							[YES)
26	King Prawns & Panang Curry			YES														(YES)
27	King Prawns with Garlic		YES	YES										YES				(YES)

### Salad

							Do	oes it	cont	ain?						ls it	t suitable f	for?
	Menu Item	Celery	Wheat	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Tree Nuts – Cashew	Peanuts	Sesame	Soybeans	Sulphur Dioxide / Sulphites	<u>Vegan</u> ( <u>by</u> request)	Vegetarian ( by request)	Gluten Free (by request)
28	Spicy Beef Salad					YES												(YES)
29	Laab Moo					YES												(YES)
30a	Somtham (Thai)					YES						YES	YES			(YES)	(YES)	(YES)
30b	Somtham (E-sarn)					YES					·					(YES)	(YES)	(YES)

#### **Noodles**

							Do	oes it	cont	ain?						Is it	t suitable f	or?
	Menu Item	Celery	Wheat Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Tree Nuts – Cashew	Peanuts	Sesame	Soybeans	Sulphur Dioxide / Sulphites	<u>Vegan</u> ( <u>by</u> request)	Vegetarian (by request)	Gluten Free (by request)
31	Pad Thai	YES	YES		YES							YES		YES		(YES)	(YES)	(YES)
32	Chow Mein		YES		YES				YES					YES			(YES)	(YES)
33	Drunken Noodles		YES		YES				YES					YES		(YES)	(YES)	(YES)
34	Pad Si Yue		YES		YES	YES			YES					YES		(YES)	(YES)	(YES)
35	Sweet & Spicy Egg Noodles with Roast Duck		YES		YES			·	YES					YES				

#### Grilled

							Do	oes it	cont	ain?						Is it	t suitable f	for?
	Menu Item	Celery	Wheat Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Tree Nuts – Cashew	Peanuts	Sesame	Soybeans	Sulphur Dioxide / Sulphites	Vegan (or by request)	Vegetarian (or by request)	Gluten Free (or by request)
36	Thai Style Char Grilled Pork Neck		YES			YES			YES					YES				
37	Weeping Tiger Beef		YES			YES			YES					YES				

### Chef's Recommendations

								Does	it co	ntain	?					Is i	t suitable f	or?
	Menu Item	Celery	Wheat Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Tree Nuts – Cashew	Peanuts	Sesame	Soybeans	Sulphur Dioxide / Sulphites	<u>Vegan</u> ( <u>by</u> request)	Vegetarian (by request)	Gluten Free (by request)
38	Roast Duck with Tamarind		YES								YES			YES				
39	Honey Duck		YES											YES				
40	Crispy Battered Chicken		YES					YES										
41	Pineapple Fried Rice (Meat)		YES		YES				YES	YES	YES			YES				
42	Massaman Lamb Shank		YES						YES		YES			YES				
43	Massaman Slow Cooked Shin of Beef		YES						YES		YES			YES				

#### **Set Lunch Menus**

							Does	it co	ntain	?					ls i	t suitable f	or?
Menu Item	Celery	Wheat Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Tree Nuts – Cashew	Peanuts	Sesame	Soybeans	Sulphur Dioxide / Sulphites	Vegan ( by request)	Vegetarian (by request)	Gluten Free (by request)
Set A – Vegetarian (Lunch)		YES		YES							YES		YES		(YES)	(YES)	
Set B – Chicken / Pork (Lunch)		YES	YES					YES			YES		YES				
Set C – Prawn / Seafood (Lunch)		YES	YES														

### White Horse Traditional Specials

							Ooes	it cor	ntain	?					Is i	t suitable f	or?
Menu Item	Celery	Wheat Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Tree Nuts – Cashew	Peanuts	Sesame	Soybeans	Sulphur Dioxide / Sulphites	<u>Vegan</u> (by <u>request)</u>	Vegetarian (by request)	Gluten Free (by request)
Roast chicken Sunday Lunch with Potatoes, parsnips, seasonal vegetable, Yorkshire pudding, bread sauce, gravy		YES		YES			YES						YES				
Roast beef Sunday Lunch with potatoes, parsnips, seasonal vegetable, Yorkshire pudding, gravy, mustard.		YES		YES			YES		YES				YES				
Roast Partridge Sunday Lunch with potatoes, parsnips, seasonal vegetable, Yorkshire pudding, gravy, stuffing		YES		YES			YES						YES				
Cod/Skate and Chips tempura batter		YES		YES	YES												
Scampi and Chips		YES	YES														
Ham , Egg and Chips		YES		YES													

#### Desserts

Menu Item		Does it contain?														Is it suitable for?		
		Celery	Wheat Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Tree Nuts – Cashew	an	Sesame	Soybeans	Sulphur Dioxide / Sulphites	<u>Vegan</u> (by request)	Vegetarian (by request)	Gluten Free (by request)
44	Ice Cream with Banana fritters		YES		YES			YES			YES		YES	YES	YES			
	Ice Cream/Sorbet		YES		YES			YES			YES		YES	YES	YES			